

**FIELD HOCKEY  
SEASON OF SPORT  
2008-2010**

FIRST CONTEST: **August 24, 2008**  
**August 23, 2009**  
**August 22, 2010**

LAST CONTEST: **October 22, 2008**  
**October 21, 2009**  
**October 27, 2010**

NSCIF POST SEASON TOURNAMENT: **October 24-25, 2008**  
**October 23-24, 2009**  
**October 29-30, 2010**

MAXIMUM NUMBER OF CONTACTS: 22 (A tournament counts as 2 contacts)

MAXIMUM NUMBER OF SCRIMMAGES: 3

Note: All dates subject to change

**NSCIF FIELD HOCKEY PLAYOFF QUALIFYING GUIDELINES**

**I. DIVISIONS**

All participating schools are considered to be in the same division.

## **II. SEEDING COMMITTEE (POST SEASON TOURNAMENT)**

The Field Hockey coaches serve as the seeding committee and set criteria for the Post Season Tournament.

## **III. GAME SITES AND TIMES**

### **A. Regular season contest sites.**

1. Field Hockey contests will be scheduled as a double round robin with participating schools. Each year, the schedule will move the last game to the top and move all the remaining contests down one game and reverse home and away on even numbered years.
2. In odd numbered years, the schedule will simply reverse home and away sites.
3. The second round will correspond with the first round, reversing home and away sites.
4. League contests will be scheduled on Mondays and Wednesdays.
  - a. Postponed games from Monday will be played on Tuesday, if possible, or the first open date.
  - b. Wednesday postponed games will be played on Thursday, if possible, or the first open date.

### **B. Regular season contest times.**

1. Junior Varsity contests will begin at 3:30 pm during daylight savings time and 2:30 during standard time.
2. Varsity contests begin 10 minutes after the conclusion of the Junior varsity contest.
3. Lassen contests with Bella Vista, Davis, River Valley, and Yuba City will begin at 2:30.

### **C. Length of Contests**

1. Varsity-two, 30 minute halves with a 5-minute halftime.
2. Junior Varsity-two, 25 minute halves with a 5-minute halftime.

### **D. Pre-Season Tournament (Varsity and JV)**

1. An EAL pre-season tournament (formerly the Jamboree) will be held annually prior to the start of the league in Chico. Chico will provide and prepare the facilities and coordinate the pre-season tournament.
2. Entry for the pre-season tournament will be \$200. Checks made payable to the Eastern Athletic League.
3. The tournament starts at 8:30 a.m. with 20-minute games, 10-minute breaks, and 1 timeout. The clock will continue to run.
4. Lunch will be held from 1:00 to 2:00 p.m.

### **E. Post-Season Tournament (Varsity Only)**

1. An EAL post-season tournament will be held at **River Valley /Yuba City High Schools** at the conclusion of the regular league schedule. All of the EAL schools will compete in a round robin tournament.

**Host School: River Valley 2008**

**Host School: TBA 2009**

2. Each team will **play two (2) Forty-minute** games on Friday and four (4) **Forty minute** games on Saturday.

3. All schools will pay a \$200 entry fee, which will cover the officials, tournament expenses, and awards.

4. An adjunct fee of \$75 per school will be assessed to all schools except the **Host School** (for providing fields for the Post-Season Tournament).

#### **IV. QUALIFICATION AND SEEDING CRITERIA**

A post-season tournament will be held at **River Valley / Yuba City High School** at the conclusion of the regular league schedule. All the teams in the league will be eligible to participate. The tournament will be **nine** -a side round robin tournament.

#### **NORCAL QUALIFICATION**

Not Applicable

#### **VI. STATE QUALIFICATION**

Not Applicable

#### **VII. OTHER RULES GOVERNING SPORT**

1. Field Hockey will be under the jurisdiction of the Eastern Athletic League.

2. Championships will be awarded at Varsity level.

1. Junior Varsity competition is limited to 9<sup>th</sup> and 10<sup>th</sup> grades only.

2. Varsity competition is open to 9<sup>th</sup>-12<sup>th</sup> grades.

3. A League adopted award will be given to the Varsity Champion .

1. To win a championship, a team must play all league games unless waived by a vote of the Eastern Athletic League.

4. The League Champion will be determined by the following point structure:

3 points for a win

2 points for a scoring tie

1 point for a scoreless tie

0 points for a loss.

In the case of a tie, the tiebreaker to be used is a ten-minute (Varsity) or five-minute (JV) overtime, seven a side, sudden victory (JV is five Minute). There are no timeouts or substitutions allowed. If tied at the end of the overtime period, there will be a flick off. Each team will present a list of five (5) strikers from their roster to flick.

There will be a coin toss; the winner will decide to start on offense or defense. Strokes shall be taken alternating the attackers and goalkeepers at the same goal chosen by the officials. Teams will alternate flicking. If the JV game is still tied after each athlete has flicked, it will remain a tie game. In the case of a tied

Varsity contest after the flick off, there will be a sudden victory flick off.

A list of five (5) different strokers will be presented.

5. Varsity and JV participation

1.. Only 9<sup>th</sup> and 10<sup>th</sup> grade students are allowed to participate on the Junior Varsity team.

2. 9<sup>th</sup> through 12<sup>th</sup> grade students are allowed to participate on the the Varsity team.

6. Once a player competes in a varsity level, league contest, they may not return to a lower classification. **EXCEPTION: Pre season Jamborees and pre season tournaments .**

7. Home Team Responsibilities

1. The home team will see that the fields are properly marked for each contest and will provide and pay for the officials.

2. The home team shall also provide a scorer's table, a scorekeeper, and timer.

8.. Advanced Classification

A student may participate in an interscholastic contest in an advanced classification prior to the first league contest and then return to the lower classification for league play. Once a student participates in an interscholastic contest at the varsity level during the league season, she may not return to a lower classification during the remainder of that league season of sport.

## **NSCIF GAME MANAGEMENT INFORMATION**

### **I. OFFICIALS**

The host school is responsible to contact the Field Hockey officials association to notify them of the date and time of their contests.

### **II. OFFICIAL BALL**

Only balls with the National Federation authentication mark shall be used for field hockey. The official game ball will be orange in color.

### **III. PLAYER ELIGIBILITY**

Any player whose name appears on the official Varsity, Junior Varsity, or Freshman roster for the last league game and who is currently eligible under CIF guidelines is eligible to participate in the Post Season Tournament.

### **IV. UNIFORMS**

The National Federation Rulebook shall be followed.

### **V. GAME SUPERVISION**

The host school shall be responsible for security personnel. An administrator or designee from each school will be in attendance and identify themselves prior to the start of the contest.

### **VI. ENTRY FEES**

- a.. An adjunct fee of \$75 per school will be assessed to all schools. Schools may be exempt from the entry because of other responsibilities as determined by the Advisory Committee.
- b.. The entry fee for the **Pre Season and Post Season Tournament is \$400** per team.  
(Fee includes both tournaments)

### **VII. ADMISSION FEES**

There are no admission fees for Post Season Tournament.

### **VIII. HALF-TIME ACTIVITIES**

Not applicable.

### **IX. FINANCIAL REPORT**

Not applicable

### **X. PERMISSIBLE GAME EXPENSES**

Not applicable.

## **XI. PUBLICITY/REPORTING RESPONSIBILITIES**

- A. The host school should provide local newspapers with advance publicity of the teams involved in the play-offs, including tournament times and locations as well as any admission prices.
- B. The host school should provide the local newspapers with a summary and highlights of the play-off tournament.
- C. Visiting teams should provide their own local newspaper with summaries, details, and outcome of any contests.
- D. Results of both Varsity and Junior Varsity contests are to be email into Carleen Banuelos ([cbanuelo@rbuhsd.k12.ca.us](mailto:cbanuelo@rbuhsd.k12.ca.us)) at Red Bluff High School

## **XII. RADIO/TV**

The Section Commissioner must approve all commercial radio and TV coverage of section play-off contests. The broadcast fee is \$ 100.00 payable to NSCIF prior to the contest.

## **XIII. AWARDS**

- a.. There are no Section awards for Field Hockey.
  - b. A league adopted award will be given for Varsity Championship. In the case of a tie, duplicate awards will be awarded.
- All League Awards (Determined by League)
- a. All-League players will be varsity only.
  - b. Coaches will nominate all-league players from their own team.
  - c. Nominations:
    - a. The first place coach may nominate a maximum of five players.
    - b. The second place coach may nominate a maximum of four players.
    - c. The third and fourth place coaches may nominate a maximum of three players from each team.
    - d. The fifth and sixth place coaches may nominate a maximum of two players from each team.
    - e. The seventh and eighth place coaches may nominate a maximum of one player from each team.
- NOTE:** The maximum number would include a goalie, but a coach does not have to nominate a goalie.
- d. Each coach may nominate a Most Valuable Offensive and Most Valuable Defensive player at the Post Season Tournament Only.
  - e. All players that have been nominated for all-league but are not selected to the All League team will automatically receive honorable mention.
  - f. Nomination forms will be sent out to all schools before the end of the season. Nominations are to be email to Carleen Banuelos ([cbanuelo@rbuhsd.k12.ca.us](mailto:cbanuelo@rbuhsd.k12.ca.us))(Red Bluff High School) on the day of the last league game .
  - g.. Coaches may vote for eleven (11) players. Coaches **MAY NOT VOTE** for their own players.(This includes 10 field players and a goalie on the ballot.
  - h.. All-League selections will on the Friday night of the post-season tournament involving all coaches.

## APPENDIX A

### EAL All-League Nomination Form

#### Girls Field Hockey

#### 20 Season

Coach: All League Nominations

These numbers represent the maximum number of players you can nominate for all league based on the finish of your team in league

1<sup>st</sup> Place 5

2<sup>nd</sup> Place 4

3<sup>rd</sup> Place 3

4<sup>th</sup> Place 3

5<sup>th</sup> Place 2

6<sup>th</sup> Place 2

7<sup>th</sup> Place 1

8<sup>th</sup> Place 1

Note: These numbers include goalie nominations.

Nominations for All-League

Name (Last, First) Position Uniform Number Year in School

- 1.
- 2.
- 3.
- 4.
- 5.

Goalie: \_\_\_\_\_

Each coach must vote for eleven (11) players. This includes 10 field players and a goalie on the ballot.

To be selected all-league, a player must receive four (4) votes. Due to limiting the number of nominations, all players that have been nominated for all-league yet are not selected, will automatically receive honorable mention.

Schools may nominate one athlete for honorable mention status only. If a team has an honorable mention player that was nominated for all-league and not selected, they may not nominate an honorable mention player.

Honorable Mention Nomination:

Name (Last, First) Position Uniform Number Year in School

- 1.

**NOTE:** If your school has received an honorable mention player that was not selected to the all league team, you are not eligible to nominate another player.

School:

Coach:

Won/Loss/Tie Record: / /

Athletic Directors:

1. November : All-League nominations due to Carleen Banuelos (Red Bluff H.S.)
2. November : All-League ballots email to Coaches
3. November : All-League selection during post-season tournament .

**COACHES BRING BALLOTS AND VARSITY/JV TEAM RECORDS**